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## Girl Talk Needs Kappa Delta's Help to Build Young Women's Self-Esteem

**ATLANTA, GA-** National nonprofit peer-to-peer mentoring organization, Girl Talk, is asking Kappa Delta to help us establish Girl Talk Chapters in all 50 states by 2010. In the United States alone, there are more than 11.6 million middle and high school girls in need of a positive mentor and together we can help change this.

Our missions are truly parallel; we inspire women young and old to achieve greatness through leadership skills, community service and building self-esteem. Girl Talk is currently in 33 states and needs your help to establish its free program in all 50 states. We encourage KD's to visit our website and click "Chapter Locator" to see which states currently do not have a Chapter & if you live in one of those states, please reach out to your local middle/high schools to help us reach our goal.

There are several ways KD's can contribute to furthering the mission of Girl Talk while truly upholding the values of Kappa Delta. The first is by contacting your local middle school and becoming a Girl Talk Chapter Advisor (see website for more details). Starting a Girl Talk Chapter is free to those who want to make a positive impact in their community through mentoring. KD's can also participate in the "Girl Talk Gives Back" campaign, where by giving back to your community through community service, you are fundraising to help Girl Talk grow & remain free to its participants. To learn more or register please visit: [www.girltalk.kintera.org](http://www.girltalk.kintera.org). Lastly you can help by simply spreading the word about Girl Talk! Tell those you know who may benefit from Girl Talk to visit our website for more details.

Girl Talk is proud to be a partner in the Confidence Coalition. Organized by Kappa Delta Sorority, the Confidence Coalition brings together all of the organizations, companies and individuals committed to promoting confidence among girls and women. With this new initiative, we hope that together we can change the lives of young women across the country.

### **About Girl Talk**

Girl Talk ([www.desiretoinspire.org](http://www.desiretoinspire.org)) is a national nonprofit organization that establishes positive weekly peer-to-peer mentoring programs for middle school girls, which are led by high school girls. Our mentoring program offers fun, positive weekly meetings, community service projects and friendship building activities for middle school girls.

Girl Talk Chapters are led by high school girls ("Leaders") who serve as mentors, and in turn, Girl Talk Leaders develop leadership skills that they will carry with them throughout life. Girl Talk Chapters help young teenage girls build self-esteem, develop leadership skills and recognize the value of community service. Girl Talk is free and it is very simple to get started. To get Girl Talk started in your community ([www.desiretoinspire.org](http://www.desiretoinspire.org) -> click "Start a Chapter"). Girl Talk is web based, therefore, all Girl Talk materials are available on our website. Our online community (Leader Login) provides you with all of the "Leader Resources" needed to ensure your Chapter's success.