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Get with the Program

Sure you walk the walk and talk the [talk](#). But the best Atlantans know that to make it in this town, you've got to give a little. Here's how to do some local good in twelve simple steps.

Step One: Keep It Together

With vegan wallets and purses by [Matt & Nat](#) ([Sole](#), 1245 Caroline Street, suite 100, Edgewood Retail District; 404-523-1777).

Step Two: Eat It Up

Sustainable, fair-trade agriculture group [Georgia Organics](#) publishes a free local food guide ([Sevananda](#), 467 Moreland Avenue, Little Five Points; 404-681-2831).

Step Three: Mix Up Some Magic

Submit home recipes to the [Refugee Family Services](#) for their first fundraising [cookbook](#), illustrated by kids in the youth program. Deadline: November 15.

Step Four: Spread the Word

Become a guest speaker and advocate for [Girl Talk](#), a Georgia-based program in which high school girls mentor middle school girls. E-mail info@desiretoinspire.org for details.

Step Five: Let It Click

Link your eBay account to [Mission Fish](#) to share sales profits with the charities of your choice.

Step Six: Keep Hope Alive

Click [here](#) to support Breast Cancer Awareness today. Then get a [mammography](#) for the year and learn how to do a monthly [self-exam](#).

Step Seven: Wear It Well

Ecoconscious [Anna Sova](#) wowed us with its chemical-free paints and is now making luxe silk bedding and bamboo home accessories (Eco-Bella, 1046 North Highland Avenue, Virginia Highland; 404-815-4280).

Step Eight: Toot Your Own Horn

Help the city's first charter school start a music program by donating to their [instrument drive](#). (Drop-off times: 7 a.m.-4:15 p.m., through December 3, [Drew Charter School](#), 301 East Lake Boulevard, Decatur; 404-687-0001).

Step Nine: Make a Clean Break

Put your experience to good use at a meeting for Visions Anew, a nonprofit that partners with Junior Leagues and women's groups to offer courses like [Divorce Survival School](#).

Step Ten: Get a New Leash on Life

Purchase a collar to support spay and neuter efforts and improve area shelters.

Step Eleven: Make It Count

Find out the whens, wheres, and whys of [voting](#) in your area. (The whos and whats are up to you.)

Step Twelve: Relax, Relate, Then Do Something Already

Can't decide? Log onto [Volunteer Match](#) to search do-gooding by your interests, area, and availability.

See there? Bet you're feeling better already.

